

Ekklesia Kingdom Academy – Bible Study Lesson

Lesson Title

**“Committed or Just Interested?”
Establishing God-Aligned Plans**

Primary Scripture

Proverbs 16:3 (NLT)
“Commit your actions to the LORD, and your plans will succeed.”

Lesson Objective

By the end of this lesson, students will:

Understand the biblical meaning of commitment in Proverbs 16:3

Distinguish between human planning and God-established plans

Evaluate whether their actions are surrendered or merely spiritualized

Learn how God establishes plans through obedience, alignment, and trust

Introduction (Setting the Context)

**Many people want God’s blessing without God’s leadership.
Proverbs 16:3 challenges that mindset.**

**This verse does not promise automatic success.
It reveals a process:**

1. Commitment of actions

2. Submission of control

3. God’s establishment of the outcome

In Kingdom living, God establishes what is entrusted to Him, not what is simply announced in prayer.

Illustration

Imagine carrying a heavy load and asking someone to “help” while still refusing to let go.

That is how many people pray:

“Lord, bless this...”

“Lord, cover this...”

“Lord, protect this...”

—but they never release control.

**Biblical commitment is not shared ownership.
It is transfer of weight.**

Exegesis & Exposition

Key Word Study

“Commit” (Hebrew: galal)

Meaning:

To roll onto

To transfer responsibility

To entrust fully

This word paints the picture of rolling the full burden onto God, not keeping a backup plan.

“Your actions”

God addresses what you do, not just what you desire.

Prayer without obedience is incomplete.

Faith without action is unfinished.

“He will establish”

To establish means:

To make firm

To secure

To give permanence

God does not merely help plans succeed—He filters, shapes, and fortifies them.

Verse-by-Verse Insight

Proverbs 16:1–3 (Summary Context)

Humans make plans

God weighs motives

God directs outcomes

Proverbs 16 teaches that planning is human, but establishment is divine.

Practical Life-Changing Applications

1. Stop asking God to bless what He never authorized

Ask instead: "Lord, what are You establishing in this season?"

2. Commit actions before expecting results

Obedience comes before clarity.

3. Release control, not just outcomes

God establishes surrendered work, not supervised work.

4. Allow God to disrupt plans when necessary

Interruption is often protection.

5. Trust God with timing as well as direction

Established plans endure pressure and delay.

Things to Consider

Am I committed to God's will or just my preferred outcome?

What plans am I afraid to fully surrender?

Where might God be asking me to let go rather than push harder?

Am I measuring success by speed or by obedience?

Discussion Questions

- 1. What is the difference between committing a plan and consulting God about a plan?**
- 2. Why do you think God focuses on actions rather than intentions?**
- 3. Can you share a time when God redirected a plan for your good?**
- 4. What does “success” look like in God’s Kingdom versus human culture?**

Closing Reflection

**A plan submitted to God may change shape—but it will not lose purpose.
A plan withheld from God may succeed temporarily—but it will not last.**

**God does not establish everything we desire.
He establishes what we entrust.**

Prayer of Commitment

**“Lord, today I release the weight of my plans into Your hands.
I surrender my actions, my direction, and my timing.
Establish what is from You.
Dismantle what is not.
Teach me to trust You not only with results, but with control.
In Jesus’ name, Amen.”**