

Bible Study Course Book

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Introduction

WHAT IS THE BIBLE?

"A book which, if everything else in our language should perish, would alone suffice to show the whole extent of its beauty and power." Thomas B. Macaulay

Basic Considerations

The Bible is a library of books about God and the relationship between him and his human family on the planet Earth. The Bible reveals God as the all-powerful, allknowing creator and sustainer of all things; that every man, woman and child is made in God's image and likeness. It outlines God's covenants and promises which set out the principle of mankind's freedom of choice. In the Bible one finds passages dealing realistically with the conflict between good and evil including that which is in each individual. A general truism is found to the effect that the spirit is willing but the flesh is weak. God promises that he will visit his people in the flesh through a virgin woman in order to reconcile all people to himself, to abolish sin through his own son's death, and return in the spirit to dwell within his children. The Bible sets out principles and guidelines for human conduct and people's interaction with each other. These principles are calculated to assure an anxiety-free life on earth and in the hereafter in harmony and right-standing with God. These revelations are set out in the Bible in 66 books of varying types and lengths written over a time span of about 1500 years.

What the Bible is According to the Bible

One cannot read the Bible without soon discovering that it claims to be the word of God. God speaks. He speaks out directly; he speaks through angels; he speaks through prophets. God directs Moses to write his words, and he directs the prophets to be his spokesmen. His words are spoken by Jesus Christ of Nazareth and recorded by the gospel writers. The epistle writers convey God's messages of instruction and encouragement. The apostle Peters sum up the Bible's view of itself when he says, "For the prophecy came not in old time by the will of man: but holy men of God spake *as they were* moved by the Holy Ghost." (II Peter 1:21)

The apostle Paul in writing to his aide, Timothy, defines the nature and purpose of scripture in these words: "And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus. All scripture *is* profitable for doctrine, for reproof, for correction, for instruction in righteousness." (II Timothy 3:15-16)

Why Should We Read the Bible?

Why are you interested in reading the Bible? Whatever reason you may have for reading it is a good reason. What a person receives from the Bible quite often is governed by the point of view, the problem, or the question motivating the reader at the time. For example, are you a believer or a nonbeliever? Are you interested in it because it is ancient literature? Are you merely curious about what it says? Do you believe that the Bible is the word of God, or do you regard it merely as the ideas of men? Regardless of the particular circumstance causing you to read the Bible, you will feel its challenge, for one must come to grips with what it claims for itself and the fact that it demands a response. You may respond by acceptance or rejection, but you will form some kind of response to the views and principles which it set forth. Perhaps the biggest challenge to our minds is that the Bible speaks in the spiritual realm, and we are not always ready to "shift gears" and leave our materialistic frame of reference to contemplate the idea that we are spiritual beings with a future in a totally spiritual setting.

Spirituality

Our English word "spirit" comes from the Latin word *spiritus* which means "wind" or "breath." In the Greek language, the word is *pneuma* and in Hebrew, *ruah*. The World Book Dictionary says that "spirit" refers to the aspect of every human which is not material. It is equated with "soul" or "personality". Webster's Dictionary defines "spirit" as "the breath of life" or "life-giving force," connecting it with mind and emotions. These definitions show a universal awareness of our spiritual nature which we recognize or suspect whether or not we deem ourselves to be very "spiritual."

A starting point for gaining a sharper conception of our nonmaterial makeup is to reflect upon the variety of well-known human characteristics. Consider, for example, such attributes as personality, thought, ideas, reason, belief, intellect, emotion, and intuition; also, love, hate, wisdom, character, right and wrong, anxiety, humility, pride, compassion, peace, joy, and happiness. None of these elements is physical; yet each one is very real. There are, of course, many more than these, and it might be both interesting and revealing if you would make a list of those qualities, attributes, and capabilities which apply to you. Others you might also consider are talent, creativity, language, insight, and mystique. These aspects of our being are invisible, but we know that they exist, and we have words in our language describing them. They give us clues to understanding our personal identities which are not confined to the limits of a threedimensional world. If these attributes are in another dimension, that is, a nonphysical, perhaps fourth, dimension, is not our real identity in the same dimension, which we may refer to as the spiritual dimension? Every civilization has had a concept of this realm as evidenced by a belief that a person lives on after the demise of the physical body. The person in this continuum is referred to as a "spirit" or "soul". A realization of this status, whether consciously or subconsciously, moves mankind to seek a supreme being who has power and authority over the universe and who through his love and concern communicates with and helps his people.

Nine Bible Courses

These nine Bible-study courses, in this study guide, provides structured programming with appropriate and progressive theme/subject sessions for problem-solving reading, seeking answers for problems or questions arising from daily life, including both personal and interpersonal situations, personal goals, health, and healing. This type of reading and study is used in counseling and involves correlating passages dealing with the type of problem presented and applying these passages in a practical way. This type of study can be done individually or in a group.

Each course has six sessions. Each session has four options from which one can choose for a particular sitting. Choose either the Old Testament option or the Gospel Story option, and one other option because they have ready-made built-in agendas to follow.

COURSE 1 DISCOVERING MY IDENTITY

1. My Self Image

Old Testament Story	God Created Genesis 1:1-2:3
Psalm Devotional	Psalm 8
Gospel Story	Conceited Luke 18:9-14
Epistle Study	Competent II Corinthians 2:12-3:6

2. My Values

Job Tested Job 1
Psalm 26
Foolish Luke 12:13-21
Forsaken Philippians 3:1-11

3. My Strengths

Samson's Secret Judges 16:1-22
Psalms 27
Talents Matthew 25:14-30
Weakness II Corinthians 12:1-10

4. My Desires

Old Testament Story	Jacob Con Artist Genesis 25;27
Psalm Devotional	Psalms 73
Gospel Story	Ambitions Mark 10:35-45
Epistle Study	Striving Philippians 3:12-4:1

5. My Past

Old Testament Story
Psalm Devotional
Gospel Story
Epistle Study

Jacob Wrestling -- Genesis 32:9-32 Psalms 78 Forgiven -- Luke 7:36-50 Dead or Alive -- Ephesians 2:1-10

6. My Heritage

--Old Testament Story --Psalm Devotional --Gospel Story --Epistle Study

Moses Adopted -- Exodus 2:1-10 Psalm 67 Peter Restored -- John 21:15-25 Most Blessed -- Ephesians 1:1-14

COURSE 2 WORKING THROUGH MY PROBLEMS

1. Self-worth

Old Testament Story	Grand Tower Genesis 11:1-9
Psalm Devotional	Psalm 44
Gospel Story	Small Man Luke 19:1-10
Epistle Study	Gifted Body I Co 12:12-27

2. Procrastination

Old Testament Story	Balaam's Ass Numbers 22:21-35
Psalm Devotional	Psalm 90
Gospel Story	Belated Guests Luke 14:15-24
Epistle Study	Slow Learners Hebrews 5:11-6:12

3. Quitting

Old Testament Story	Jonah Flees Jonah 1
Psalm Devotional	Psalms 42-43
Gospel Story	It's Not Over Luke 24:13-35
Epistle Study	Finish the Race II Timothy 3:20-4:8

4. Rejection

Old Testament Story	Why a King I Samuel 8
Psalm Devotional	Psalm 60
Gospel Story	Why Not Jesus Luke 4:14-30
Epistle Study	Chosen Romans 11:1-10

5. Fear of Failure

Old Testament Story	Moses' Fear Exodus 3:1-15
Psalm Devotional	Psalm 46
Gospel Story	Peter's Fear Matthew 14:22-36
Epistle Study	Timothy's Fear II Timothy 1:1-2:13

6. Will Power

Old Testament Story	Gideon's Fleece Judges 6
Psalm Devotional	Psalm 62
Gospel Story	Gethsemane Mark 14:32-42
Epistle Study	Working It Out Philippians 2:12-18

COURSE 3 LEARNING THE BASICS

1. Sin

Old Testament Story	Cursed – Genesis 3:2-23
Psalm Devotional	Psalm 6
Gospel Story	Caught John 7:53-8:11
Epistle Study	Consequences Romans 1:18-31

2. Redemption

Old Testament Story	From Egypt Exodus 14:21-31
Psalm Devotional	Psalm 90
Gospel Story	From Condemnation John 3:1-21
Epistle Study	From Death Romans 3:21-31

3. Law

Old Testament Story	Ten Commandments Exodus 20:3-17
Psalm Devotional	Psalm 42-43
Gospel Story	Law Not Enough Luke 18:18-30
Epistle Study	Faith Alone Romans 4

4. Grace

Old Testament Story	Grace Renewed Joshua 24:1-27
Psalm Devotional	Psalm 60
Gospel Story	Gracious Father Luke 15:11-32
Epistle Study	Under Grace Romans 6:1-14

5. Atonement

Old Testament Story	By a Holy God Isaiah 6
Psalm Devotional	Psalm 46
Gospel Story	On the Cross Matthew 27:45-56
Epistle Study	One in Christ Ephesians 2:11-22

6. Lordship

Old Testament Story	Abraham Submits Genesis 22
Psalm Devotional	Psalm 62
Gospel Story	Peter Confesses Matthew 16:13-28
Epistle Study	Lord of All Colossians 1:15-23
1 2	

COURSE 4 HANDLING CRISIS

1. Moral Failure

Old Testament Story	David's Disgrace II Samuel 12:1-14
Psalm Devotional	Psalm 51
Gospel Story	Peter's Denial Mark 14:66-72
Epistle Study	Israel's Unbelief Romans 9:30-10:31

2. Family Death

Old Testament Story	Son's Death II Kings 4:8-37
Psalm Devotional	Psalm 30
Gospel Story	Brother's Death John 11
Epistle Study	God's Comfort II Corinthians 1:1-11

3. Unmet Needs

Old Testament Story	Daily Manna Exodus 16
Psalm Devotional	Psalm 23
Gospel Story	Daily Bread Luke 11:1-13
Epistle Study	Being Content Philippians 4:10-19

4. Big Hurdles

Old Testament Story	Shepherd Boy I Samuel 17
Psalm Devotional	Psalm 52
Gospel Story	Good Shepherd John 10:1-21
Epistle Study	Elder Shepherds I Peter 5:1-11

5. Left on your Own

Old Testament Story	Aaron Panics Exodus 32
Psalm Devotional	Psalm 91
Gospel Story	Jesus Resists Luke 4:1-13
Epistle Study	Faith Persists Ephesians 6:10-24

6. Outnumbered

Old Testament Story	Fighting with 300 Judges 7
Psalm Devotional	Psalm 3
Gospel Story	Feeding the 5000 Mark 6:30-44

COURSE 5 FACING THE ISSUES

1. Money Matters

Old Testament Story	Wealth & Women I Kings 10:23-11:6
Psalm Devotional	Psalm 115
Gospel Story	Costly Ointment Mark 14:1-11
Epistle Study	Hilarious Giving II Corinthians 9:6-15

2. Success vs. Service

Old Testament Story	King's Service Nehemiah 1:1-2:9
Psalm Devotional	Psalm 132
Gospel Story	Self Service John 13:1-17
Epistle Study	Full Service Galatians 5:13-26

3. Social Concern

Old Testament Story	Abraham's Plea Genesis 18:16-33
Psalm Devotional	Psalm 137
Gospel Story	Samaritan's Purse Luke 10:25-37
Epistle Study	Doing Good Galatians 6:1-10

4. Corruption -- Abuse

Old Testament Story	Josiah's Reform II Kings 23:1-25
Psalm Devotional	Psalm 50
Gospel Story	Jesus' Reform Mark 11:12-19
Epistle Study	James' Reform James 2:1-13

5. Tough Decisions

Old Testament Story
Psalm Devotional
Gospel Story
Epistle Study

Solomon's Wisdom -- II Kings 3:4-28 Psalm 58 Pilate's Dilemma -- Matthew 27:11-26 Caesar's Rule -- Romans 13:1-7

6. Spiritual Renewal

--Old Testament Story --Psalm Devotional --Gospel Story --Epistle Study Dry Bones -- Ezekiel 37:1-14 Psalm 19 Spirit Baptism -- Mark 1:1-8 New Life -- Romans 8:1-17

COURSE 6 STRENGTHENING FAMILY TIES

1. Roots

Old Testament Story	The First Family Genesis 2:15-25
Psalm Devotional	Psalm 110
Gospel Story	Angel's Prophecy Luke 1:26-38
Epistle Study	Adam's Legacy Romans 5:12-21

2. Uprooted

Old Testament Story	Abraham's Family Genesis 11:27-12:7
Psalm Devotional	Psalm 121
Gospel Story	Jesus' Family Luke 2:1-20
Epistle Study	Abraham's Seed Galatians 3:26-4:4

3. Dedicated

Infant Samuel I Samuel 1
Psalm 118
Infant Jesus Luke 2:21-40
Child of Promise Galatians 4:21-31

4. Called

Old Testament Story	Samuel Listens I Samuel 3:1-18
Psalm Devotional	Psalm 130
Gospel Story	Disciples Tell John 1:35-42
Epistle Study	Paul Receives Galatians 1:11-24

5. Broken Homes

Old Testament Story	Brother's R
Psalm Devotional	Psalm 55
Gospel Story	Prodigal Re
Epistle Study	Earning Re

Brother's Revenge -- Genesis 37:12-36 Psalm 55 Prodigal Returns -- Luke 15:11-32 Earning Respect -- Ephesians 5:22-6:9

6. Forgiveness

Old Testament Story	
Psalm Devotional	
Gospel Story	
Epistle Study	

Merciful Joseph -- Genesis 45:1-15 Psalm 32 Unmerciful Servant -- Matthew 18:21-35 Onesimus Returns -- Philemon 8-25

COURSE 7 **RESHAPING MY LIFESTYLE**

1. Heart Attitudes

Old Testament Story	David's Heart I Samuel 16:1-13
Psalm Devotional	Psalm 23
Gospel Story	Beatitudes Matthew 5:3-10
Epistle Study	Christ's Attitude Philippians 2:1-11

2. Clear Conscience

Old Testament Story	Saul Spared I Samuel 24:1-22
Psalm Devotional	Psalm 18
Gospel Story	Paralytic Healed Mark 2:1-12
Epistle Study	Conscience-Stricken I Corinthians 10:23-11:1

3. Single-Minded

Old Testament Story	Defeating "Baals" I Kings 18:16-45
Psalm Devotional	Psalm 135
Gospel Story	Healing Legion Matthew 6:25-34
Epistle Study	Going "Solo" I Corinthians 7

4. Strict Discipline

Old Testament Story	No King's Food Daniel 1
Psalm Devotional	Psalm 125
Gospel Story	No Crooked Paths Mark 1:1-8
Epistle Study	No Hindrances Hebrews 12:1-13

5. Right Priorities

Old Testament Story
Psalm Devotional
Gospel Story
Epistle Study

Joshua's Choice -- Joshua 24:1-27 Psalm 15 Kingdom First -- Matthew 6:25 -34 No Earthly Things -- Colossians 3:1-17

6. Strong Foundation

--Old Testament Story --Psalm Devotional --Gospel Story --Epistle Study

Faithful Ethics -- Daniel 6:1-24 Psalm 14 Wise Builders -- Matthew 7:24-29 Inspired Scripture -- II Timothy 3:10-4:8

COURSE 8 CATCHING A WORLD VISION

1. Worldwide Purpose

Old Testament Story	I Will Bless Genesis 11:27-12:7
Psalm Devotional	Psalm 96
Gospel Story	Fulfilled in Christ Luke 4:14-30
Epistle Study	Fullness in Christ Ephesians 1:15-23

2. World of Possibilities

Old Testament Story	Go and Tell Isaiah 6
Psalm Devotional	Psalm 87
Gospel Story	Grace and Truth John 1:1-18
Epistle Study	Glory Unveiled II Corinthians 3:7-18

3. World of People Part 1

Old Testament Story	Within Our Walls Nehemiah 1:1-2:9
Psalm Devotional	Psalm 139
Gospel Story	Cross Cultures John 4:1-26
Epistle Study	Unreached Romans 15:14-33

4. World of People Part 2

Old Testament Story	Spiritually Dead Ezekiel 37:1-14	
Psalm Devotional	Psalm 38	
Gospel Story	Without Christ John 3:1-21	
Epistle Study	None Righteous Romans 3:9-20	

5. World-sized Part 1

Old Testament Story	Majority of One I Kings 18:16-45
Psalm Devotional	Psalm 98
Gospel Story	Fishers of Men Luke 5:1-11
Epistle Study	Ambassadors II Corinthians 5:11-6:2

6. World-sized Part 2

Old Testament Story	Take My Life Jonah 4
Psalm Devotional	Psalm 89
Gospel Story	Feed My Sheep John 21:15-25
Epistle Study	Share Your Life II Thessalonians 2:1-16

COURSE 9 **EXPLORING DEEPER THINGS**

1. Evil Things

Old Testament Story	Wickedness Genesis 6-8
Psalm Devotional	Psalm 69
Gospel Story	Temptation Luke 4:1-13
Epistle Study	Lawlessness II Thessalonians 2:1-12

2. Revealed Things

Old Testament Story	S
Psalm Devotional	I
Gospel Story]
Epistle Study	I

Still Small Voice -- I Kings 19:1-19 Psalm 29 Transfiguration -- Mark 9:2-13 Anointing -- I John 2:18-27

3. Risky Things

Old Testament Story	Rahab Hides Spies Joshua 2:1-21
Psalm Devotional	Psalm 138
Gospel Story Peter	Steps Out Matthew 14:22-36
Epistle Study	Two Risk-Takers Philippians 2:19-30

4. Miraculous Things

Old Testament Story	Fire Escape Daniel 3:13-30
Psalm Devotional	Psalm 116
Gospel Story	Wine Aplenty John 2:1-11
Epistle Study	Resurrection Body I Corinthians 15:35-58

5. Secret Things

--Old Testament Story --Psalm Devotional --Gospel Story --Epistle Study

Secret Judgment -- Isaiah 6 Psalm 115 Secret Kingdom -- Matthew 13:1-23 Secret Wisdom -- I Corinthians 2:6-16

6. Greater Things

--Old Testament Story --Psalm Devotional --Gospel Story --*Epistle Study*

Deborah Can Do -- Judges 4:1-16 Psalm 68 Disciples Can Do -- John 14:1-14 Righteous Can Do -- James 5:13-20